



## GAMBLING - A PROBLEM?

The Grand Casino Baden has set itself the goal to pamper its guests in a pleasant atmosphere and to guarantee a pleasurable gambling experience. Gambling should be an enjoyable part of leisure activity and ought to contribute to recovery.

### TIPS

Remember certain rules when playing. They help keep the risks of gambling to a minimum.

- Set a loss limit before the start of a game.
- Do not chase down your losses. Do not take higher risks to compensate for earlier losses.
- Take along friends or family members who can influence you and your gambling.
- Never believe that you can outsmart the gambling system. Gambling is only dependent on chance and not on skill.

### TEST YOURSELF!

- |  | yes                      | no                       |
|--|--------------------------|--------------------------|
| • Have you ever neglected your daily work commitment because of gambling?          | <input type="checkbox"/> | <input type="checkbox"/> |
| • Do you want to win back each game loss immediately?                              | <input type="checkbox"/> | <input type="checkbox"/> |
| • Do you have the urge to continue playing after a game-win in order to win more ? | <input type="checkbox"/> | <input type="checkbox"/> |
| • Do you often play your last franc?   | <input type="checkbox"/> | <input type="checkbox"/> |
| • Have you ever borrowed to finance your gambling?                                 | <input type="checkbox"/> | <input type="checkbox"/> |
| • Do you want to forget your worry and your anger by gambling?                     | <input type="checkbox"/> | <input type="checkbox"/> |

If you have answered at least one question in the affirmative by the end of the questionnaire, you need to examine your gambling behaviour.

# GAMBLING BLOCK

If you would like to block yourself from gambling voluntarily, you can do this directly on site at the casino or by using the application form on our website.

## DO NOT LOOK AWAY!

You can, as a family member, relative or friend, contact the Casino in person, by phone or in writing at any time, and call attention to the change in behaviour of the individual, or to a change in the financial situation in connection with gambling. Please do not hesitate to contact us - we will discuss the situation and seek a solution together.

Speak to our staff or an expert in confidence if you want to know more about prevention and gambling blocks. Please visit [www.grandcasinobaden.ch](http://www.grandcasinobaden.ch) or the reception for more information in your language.

## CONTACT DETAILS

Take the first step! The following advice centres on this page are available for your questions:

### **Grand Casino Baden**

Telephone: +41 (0) 56 204 07 07

Email: [sozialkonzept@grandcasinobaden.ch](mailto:sozialkonzept@grandcasinobaden.ch)

### **The Samaritans (Die Dargebotene Hand)**

Hotline telephone 143

(24-hour information service, 365 days a year)

### **ags - Aargau Addiction**

District of Brugg

Annerstrasse 18, CH-5200 Brugg

Telephone: +41 (0) 56 441 99 33

[www.suchthilfe-ags.ch](http://www.suchthilfe-ags.ch)

Email: [brugg@suchthilfe-ags.ch](mailto:brugg@suchthilfe-ags.ch)

### **Center for Gambling and Other Addictions**

Guided group in Zurich

Stampfenbachstrasse 161, CH-8006 Zürich

Telephone: +41 (0) 44 202 30 00

[www.spielsucht-radix.ch](http://www.spielsucht-radix.ch)

E-Mail: [spielsucht-praevention@radix.ch](mailto:spielsucht-praevention@radix.ch)

### **Careplay**

Center of Competence for Responsible  
Gaming

[www.careplay.ch](http://www.careplay.ch)

Email: [info@careplay.ch](mailto:info@careplay.ch)

Please visit [www.grandcasinobaden.ch](http://www.grandcasinobaden.ch) for more information on the subject of social policy.



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